

## Youth Baseball Bat Sizing Chart

There are dozens of schools of thought when it comes to how to select a bat for your child properly, but for the most part there are always five key factors to consider:

- height of the child
- weight of the child
- length of the bat
- weight of the bat
- size of the bat's barrel

Sometimes, in the more sophisticated situations, other factors you may want to take into consideration are the grip and the taper of the bat, but that's just more food for thought.

The following scale can be used as a *guideline* when selecting the proper size baseball bat. Interestingly enough, the scale resulted from a study conducted at the University of Northern Arizona in which the best bat weight was determined by the player's height or weight. The key word here is *guideline* in that the scale is a suggestion to follow and not a hard and fast rule.

Notice that the bat size is relative to the *player's height* in the Youth (8-10 year olds) and High School/College categories, whereas in the Youth (11-12 year olds) category, it is determined by the *player's weight*.

### ***Little League – 8 to 10 years old***

<u>Player Height</u>	<u>Best Bat Wt.</u>
48	16
50	16.5
52	17
54	17.5
56	18
58	18.5
60	19

### ***Little League – 11 to 12 years old***

<u>Player Weight</u>	<u>Best Bat Wt.</u>
70	18
80	19
90	19.5
100	20
110	20.5
120	21
130	21.5
140	22
150	23

### ***High School and College***

<u>Player Height</u>	<u>Best Bat Wt.</u>
66	27
68	27.5
70	28
72	29
74	30
76	30.5

Hopefully, this chart will provide you with a little help when choosing the right youth baseball bat.